




Ruchie

THE TASTE OF SOUTHERN INDIA


MENU

OUR STAFF WILL BE HAPPY TO HELP YOU CHOOSE A DISH, JUST ASK.

APPETISER

- Nibbles 

£5.25

Mix of Poppodoms, Pappadavada, Banana Chips & Murukku, served with chutneys
- Poppodoms 

£1.40

One Poppodum served with a tray of chutneys

SOUPS

- Rasam  


£3.75

Hot & Sour soup made from lentils, tomato, ginger, green chillies & curry leaves
- Fish Soup 


£5.95

Mixed seafood cooked with onion, garlic, ginger, mustard & pepper topped with fresh coconut milk


SOUTH INDIAN TIFFIN

- Idli (3) 


£4.99

Rice & lentil steamed dumplings
- Plain Dosa 


£5.65

Thin rice & lentil crispy pancake
- Masala Dosa 



£6.75

Thin rice & lentil crispy pancake stuffed with potato masala filling
- Ghee Roast 


£5.95

Thin rice & lentil crispy pancake topped with clarified butter
- Ghee Masala Dosa 


£6.95

Thin rice & lentil crispy pancake topped with clarified butter & filled with potato masala
- Mysore Masala Dosa  



£7.75

Thin rice & lentil crispy pancake spread with spicy chutney & filled with potato masala
- Paneer Dosa 

£7.95

Thin rice & lentil crispy pancake stuffed with grated paneer masala filling
- Uthappam  


£6.95

Thick rice & lentil pancake topped with onion, tomato, green chilli & coriander
- Poori Masala  



£5.99

Fried wheat flour bread served with potato sag & chutney
- Onion Rava Dosa (sun-thurs)  



£6.75

Lacy dosa made from semolina, all purpose & rice flour
- Onion Rava Masala Dosa (sun-thurs)  

£7.75

Lacy dosa made from semolina, all purpose & rice flour stuffed with potato masala
- Chicken Masala Dosa  

£7.99

Thin rice & lentil crispy pancake filled with minced chicken masala
- Lamb Masala Dosa  

£8.99

Thin rice & lentil crispy pancake filled with minced lamb masala


VEGETARIAN STARTER

- Onion Bhaji (2)  


£4.95

Finely sliced onion, smothered in a gram flour spiced batter and fried
- Samosa (3) 

£4.95

Triangular pastry, stuffed with spiced vegetables and fried
- Medhu Vada (3)  

£4.95

Golden fried lentil doughnuts served with sambar & chutney
- Sambar Vada (2)  


£4.95

Golden fried lentil doughnuts dipped in sambar
- Aloo Bonda (2)  

£4.95

Potato mixture, dipped in batter and deep fried
- Kathirika  

£4.95

Finely sliced aubergines coated in spiced gram flour batter and fried
- Mixed Starter  

£7.95

Onion Bhaji (1), Medhu Vada (1), Aloo Bonda (1) & Kathirika (2)

- Cauliflower Chilli Fry   

£4.95

Crispy fried cauliflower florets
- Mushroom Pepper Fry    

£6.50

Mushrooms sautéed with spices, curry leaves & black pepper
- Paneer Tikka  

£6.50

Slabs of Paneer marinated in yoghurt & spices, then grilled
- Paneer 65  

£6.50

Crispy fried Paneer cubes in a South Indian style
- Cut Mirchi    

£4.95

Bhaji Chilli dipped in batter & double fried
- Chilli Paneer   

£6.50

Indian cheese tossed in slightly sweet, spicy& tangy chilli sauce with bell peppers

All of our dishes are made with the finest fresh ingredients and cooked using traditional South Indian techniques.

Please ask a member of the Team for any allergen advice

SEAFOOD & MEAT STARTERS

- Fish Pakora 

£6.50

Fish dipped in batter & fried
- Fish Fry   

£7.50

King fish marinated in a spicy paste and shallow fried
- Tandoori Chicken  

£6.50

Skinless legs & quarters marinated in a tenderising mix of yoghurt, lemon juice & spices
- Chicken Tikka  

£6.50

Cubes of chicken breast marinated in a mixture of yoghurt & spices
- Hariyali Tangdi Kebab  

£6.50

Chicken drumsticks marinated in spiced green herb, gram flour marinade & grilled
- Lamb Pepper Fry    

£7.95

Boneless lamb cooked in plenty of black pepper, curry leaves & spices
- Chicken Pepper Fry    

£6.95

Chicken cubes cooked in plenty of black pepper, curry leaves & spices
- Chicken 65  

£6.50

Marinated chicken niblets deep fried in oil
- Mutton Chukka (bone)    

£6.95

Mutton on the bone, pan fired in spices
- Chilli Chicken  

£6.75

Fried chicken tossed in slightly sweet, spicy& tangy chilli sauce with bell peppers
- Grilled King Prawns   

£8.95

King Prawns marinated in a spicy paste & grilled
- Mutton Chops    

£7.99


Chops pan fried with masala, black pepper, curry leaves & bell peppers
- Mixed Meat Platter   

£16.99


Tandoori chicken (1), Hariyali Tangdi Kebab (2), chicken Tikka (2), Fish Fry (2), Mutton Chops (2)

Our dishes can be made spicier, please ask a member of the team who will be happy to help

 Spice Level: 1 - Mild, 2 - Medium 3 - Hot

 Gluten Free

 Vegan

 Contains Nuts

All of our curries are Gluten Free

VEGETARIAN DISHES

Tadka Dhal 	£6.75
Lentils cooked & tempered with aromatic spices	
Spinach Dhal 	£6.95
Lentils cooked with spinach & tempered with spices	
Tomato Pappu 	£6.95
Lentils cooked with tomatoes & tempered with spices	
Paneer Butter Masala 	£8.75
Indian cottage cheese cooked with a rich creamy tomato sauce	
Malai Kofta  N (Contains Gluten)	£9.25
Crispy fried potato paneer balls served in a rich, creamy cashew based sauce	
Spinach Paneer 	£8.75
Indian cottage cheese cooked with spinach	
Paneer Chettinadu 	£8.75
Paneer cooked in roast masala	
Kadalai Curry 	£7.50
Flavoursome curry made from black chickpeas, onions, herbs coconut & spices	
Mixed Veg Curry 	£7.50
Mixed vegetables cooked in onion, tomato based curry	
Vegetable Korma 	£7.95
Mixed vegetables cooked in coconut based curry	
Mushroom Chettinadu 	£8.50
Mushrooms cooked in roasted Chettinadu masala	
Kathirika Kulambu 	£8.50
Aubergine cooked in a tamarind based curry with onions, tomato & other spices	
Guthi Vankaya  N	£9.25
Indian aubergines cooked in a sesame, coconut & peanut based curry	

SIDE DISHES

Cabbage Thoran  GF	£4.75
Finely chopped cabbage cooked with green chillies, onions & grated coconut	
Mushroom Bhaji  GF	£4.95
Mushrooms cooked in a thick onion & tomato base	
Aloo Spinach  GF	£4.95
Potato & spinach cooked in a thick onion & tomato base	
Okra Bhaji  GF	£4.95
Bhindi cooked in a thick onion & tomato base	



CHICKEN DISHES

Chicken Curry (bone)  N	£9.25
South Indian style chicken on the bone curry which enhances the taste & flavour	
Chicken Chettinadu 	£10.25
Boneless chicken cooked with roast masala. True authentic Chettinadu style	
Varutharacha Kozhi Curry 	£10.25
Kerala special - boneless chicken cooked in a dry roasted coconut & spices paste	
Butter Chicken Masala  N	£10.25
Tender chicken tikka cooked in butter & a rich, creamy tomato & cashew sauce	
Spinach Chicken 	£10.25
Boneless chicken curry cooked with spinach	
Kodi Vepudu (bone) 	£9.25
Chicken on the bone, pan fried with various spices in Andhra style	
Nadan Kozhi Curry 	£10.25
Boneless chicken cooked with garlic, ginger, coconut milk & tempered with mustard seeds & curry leaves	
Pepper Chicken 	£10.25
Boneless chicken cooked in green peppercorn, onion, garlic & coconut milk sauce	
Chicken Tikka Masala  N	£10.25
Tender chicken tikka cooked in a flavoursome sauce	

LAMB DISHES

Lamb Curry 	£11.50
Lamb cooked in spices and a onion & tomato based masala	
Andhra Mutton Curry (bone) 	£11.25
Mutton curry on the bone cooked with plenty of spice, Andhra style	
Pot Roast Lamb 	£11.50
Lamb cooked in a thick masala gravy	
Lamb Chettinadu 	£11.50
Boneless lamb cooked in roast masala, authentic Chettinadu style	
Spinach Lamb 	£11.50
Lamb currycooked with spinach	

EXTRAS

Potato Masala  GF	£1.25
Dosa Potato Masala	
Sambar  GF	£1.50
Lentil stew for dosa/idli or rice	
Salad	£1.75
Onion, tomato, cucumber, carrot & green chilli mix	

FROM THE SEA









Men Kuzhambu 	£11.50
King fish cooked in a traditional tamarind based curry	
Nellore Chepala Pulusu 	£11.50
(On bone) spicy & tangy Andhra style fish curry	
Salmon Roast Masala 	£12.75
Salmon cooked with roast masala made from coconut, garlic, curry leaves, onion & tamarind	
Meen Alleppey 	£11.50
Fish cooked with raw mango & coconut cream	
Fish Moilee 	£11.50
King fish cooked in coconut milk, green chilli, lemon juice & curry leaves	
King Prawn Curry 	£13.50
King prawns cooked in an onion, tomato based curry	
King Prawn Moilee 	£13.50
King prawn cooked in coconut milk, green chilli, lemon juice & curry leaves	

BIRIYANI

Chicken Biryani  GF N	£10.95
Lamb Biryani  GF N	£11.95
Fish Biryani  GF N	£13.95
King Prawn Biryani  GF N	£13.95
Vegetable Biryani  GF N	£9.95
Hyderabadi Veg Biryani*  GF N	£9.50
Hyderabadi Chicken Biryani*  GF N	£10.50
Hyderabadi Mutton Biryani*  GF N	£11.50

*Hyderabadi Biryani Dishes available fri-sun only

RICE & BREAD

Steamed Basmati Rice  GF	£3.55
Pulao Rice GF	£4.25
Mushroom Rice  GF	£4.50
Coconut Rice  GF	£4.50
Lemon Rice  GF	£4.50
Chapati 	£2.95
Poori 	£2.95
Appam  GF	£3.95
Kal Appam  GF	£3.75
Kerala Paratha	£3.95
Plain Naan	£2.95
Butter Naan	£3.45
Garlic/ Chilli Naan	£3.75
Cheese Naan	£4.25
Peshwari Naan	£4.25
Chips	£2.75



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